

# HealthTrainer®

840EL



- Total body cross-training works all your major muscle groups and burns more calories
- Ergonomically correct handlebars for a great upper body workout

**Self powered convenience** – cordless for use anywhere  
**Reliable belt-drive system** – smooth and quiet performance  
**Programs** – 12 including 2 heart rate control programs  
**Console** – large, easy to operate  
**Displays** – time, speed, distance, RPM, calories, heart rate and watts  
**EKG pulse grips** – provides accurate heart rate information  
**Heavy duty construction** – provides long durable use  
**Front transport wheels** – easy to move

Model	840EL
Frame Style	Elliptical
Resistance	Magnetic
Electronics	2 Window LCD
Preset Programs	10
Heart Rate Programs	2
EKG Pulse Grips	Yes
User Capacity	300 lbs
Warranty: Frame	Lifetime
Warranty: Parts	2 years
Warranty: Labor	1 year
Dimensions (L,W,H)	80" x 26" x 65"